

# PARTICIPATION AND EMPOWERMENT



With the support of the Erasmus+ Programme of the European Union





# PARTICIPATION

- The United Nations Principles for Older Persons were adopted by the UN General Assembly (Resolution 46/91) on 16 December 1991
- There are 18 principles, which can be grouped under five themes: independence, participation, care, self-fulfilment and dignity.

# IMPORTANCE



- Why is it important to include elders?
- What can you gain from including elders?

# HOW CAN I HELP TO HELP?



- Important to remember that not all elder people have disabilities.
- Look for a way
- Help them to find their strong points